

#80201



**15**  
DESIGNS

# Zenspirational Sayings

by Joanne Fink

Note: Some designs in this collection may have been created using unique special stitches and/or techniques. To preserve design integrity when rescaling or rotating designs in your software, always rescale or rotate designs using the handles directly on-screen.

## 80201-01 Zenspirational Saying 1

Size Inches:                      Size mm:                      Stitch Count:  
 5.45 X 6.20 in.    138.43 X 157.48 mm    23,175 St.



	1. Light Pink Flowers and Body.....	2560
	2. Wild Iris Flowers and Wing Tips.....	2830
	3. Light Green Wings and Leaves.....	6011
	4. Green Wings and Leaves.....	5610
	5. Black Leaf Outlines and Stems.....	0020
	6. Dark Pink Wing Detail and Petals.....	2532
	7. Light Blue Wing Detail.....	3730
	8. Dolphin Blue Wing Detail.....	3711
	9. Yellow Petals and Wing Detail.....	0506
	10. Wing Detail.....	5832
	11. Iced Pink Flower Detail.....	2160
	12. Spanish Gold Wing Detail.....	0904
	13. White Detail.....	0015
	14. Black Outlines and Words.....	0020

## 80201-02 Zenspirational Saying 2

Size Inches:                      Size mm:                      Stitch Count:  
 4.64 X 8.01 in.    117.86 X 203.45 mm    36,903 St.



	1. Light Blue Globe.....	3730
	2. Dolphin Blue Shading.....	3711
	3. Yellow Petal.....	0506
	4. Passion Fruit Petals.....	1030
	5. Clay Petal.....	1114
	6. Red Berry Petal.....	1701
	7. Tulip Petal and Heart.....	1906
	8. Plum Petal.....	2504
	9. Pansy Petal.....	2715
	10. Dark Ink Petal.....	3110
	11. Starlight Blue Petal.....	3612
	12. Jade Petal.....	4620
	13. Bright Mint Petal.....	5610
	14. Light Green Petal.....	6011
	15. White Detail.....	0015
	16. Black Detail.....	0020

Note: Some designs in this collection may have been created using unique special stitches and/or techniques. To preserve design integrity when rescaling or rotating designs in your software, always rescale or rotate designs using the handles directly on-screen.

## 80201-03 Zenspirational Flower

Size Inches:                      Size mm:                      Stitch Count:  
 5.10 X 6.49 in.    129.54 X 164.85 mm    51,166 St.



- 1. Light Green Leaves and Petals .....6011
- 2. Bright Mint Leaf Detail ..... 5610
- 3. Red Berry Petals and Stamen ..... 1701
- 4. Dolphin Blue Petals .....3711
- 5. Pansy Petals ..... 2715
- 6. Starlight Blue Petals ..... 3612
- 7. Plum Petals ..... 2504
- 8. Passion Fruit Petals ..... 1030
- 9. Yellow Petals ..... 0506
- 10. White Petal and Leaf Details ..... 0015
- 11. Black Detail and Outlines ..... 0020

## 80201-04 Zenspirational Saying 3

Size Inches:                      Size mm:                      Stitch Count:  
 5.33 X 5.71 in.    135.38 X 145.03 mm    20,411 St.

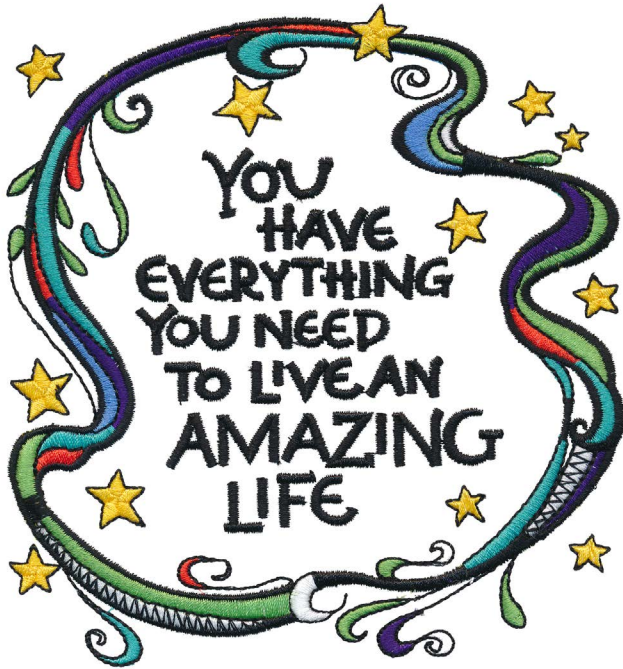


- 1. Plum Star Detail ..... 2504
- 2. Tulip Star Detail ..... 1906
- 3. Clay Star and Tail Detail ..... 1114
- 4. Spanish Gold Star and Tail Detail..... 0904
- 5. Yellow Star and Tail Detail ..... 0506
- 6. Dark Ink Star Outline .....3110
- 7. Dolphin Blue Star Outline .....3711
- 8. Starlight Blue Star Outline ..... 3612
- 9. Jade Star Outline..... 4620
- 10. White Star and Tail Detail ..... 0015
- 11. Black Outlines and Words ..... 0020

Note: Some designs in this collection may have been created using unique special stitches and/or techniques. To preserve design integrity when rescaling or rotating designs in your software, always rescale or rotate designs using the handles directly on-screen.

## 80201-05 Zenspirational Saying 4

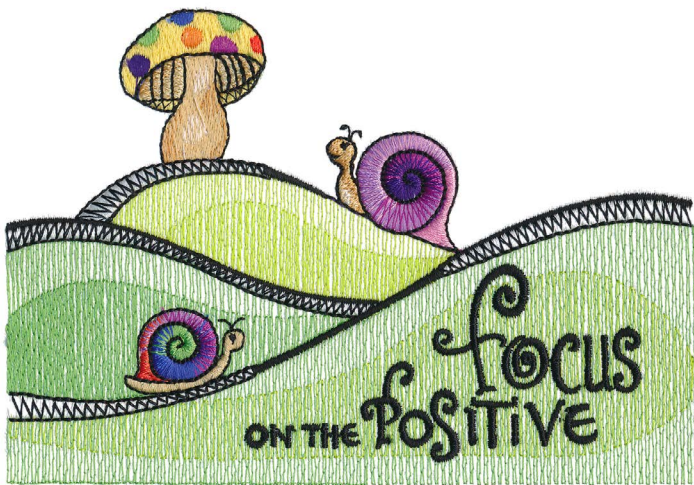
Size Inches:                      Size mm:                      Stitch Count:  
 5.37 X 5.79 in.    136.40 X 147.07 mm    28,492 St.



<span style="color: red;">■</span>	1. Red Berry Detail .....	1701
<span style="color: green;">■</span>	2. Bright Mint Detail .....	5610
<span style="color: purple;">■</span>	3. Dark Ink Detail .....	3110
<span style="color: teal;">■</span>	4. Jade Detail .....	4620
<span style="color: blue;">■</span>	5. Dolphin Blue Detail .....	3711
<span style="border: 1px solid black; display: inline-block; width: 10px; height: 10px;"></span>	6. White Detail .....	0015
<span style="color: yellow;">■</span>	7. Yellow Stars .....	0506
<span style="color: black;">■</span>	8. Black Detail Outlines and Words .....	0020

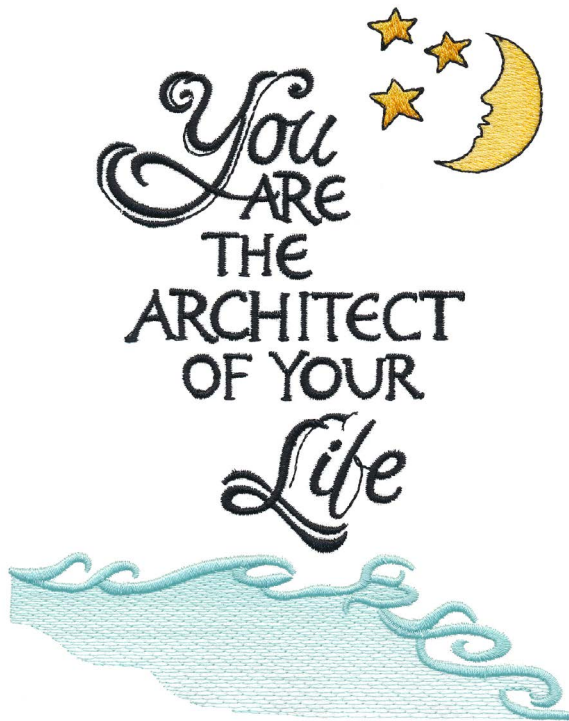
## 80201-06 Zenspirational Saying 5

Size Inches:                      Size mm:                      Stitch Count:  
 4.01 X 5.86 in.    101.85 X 148.84 mm    19,404 St.



<span style="color: green;">■</span>	1. Bright Mint Grass .....	5610
<span style="color: lightgreen;">■</span>	2. Light Green Grass .....	6011
<span style="color: tan;">■</span>	3. Tan Mushroom and Snails .....	0651
<span style="color: brown;">■</span>	4. Mushroom and Snail Shading .....	0842
<span style="color: yellow;">■</span>	5. Mushroom Top .....	0630
<span style="color: red;">■</span>	6. Red Berry Shell and Mushroom Detail .....	1701
<span style="color: purple;">■</span>	7. Wild Iris Shells .....	2830
<span style="color: pink;">■</span>	8. Azalea Pink Shell Detail .....	2560
<span style="color: plum;">■</span>	9. Plum Shells and Mushroom Detail .....	2504
<span style="color: darkpurple;">■</span>	10. Dark Ink Snail and Mushroom Detail .....	3110
<span style="color: blue;">■</span>	11. Starlight Blue Shell and Mushroom Detail .....	3612
<span style="color: orange;">■</span>	12. Mushroom Detail .....	1114
<span style="color: lightgreen;">■</span>	13. Bright Mint Shell and Mushroom Detail .....	5610
<span style="border: 1px solid black; display: inline-block; width: 10px; height: 10px;"></span>	14. White Detail .....	0015
<span style="color: black;">■</span>	15. Black Detail and Words .....	0020

Note: Some designs in this collection may have been created using unique special stitches and/or techniques. To preserve design integrity when rescaling or rotating designs in your software, always rescale or rotate designs using the handles directly on-screen.



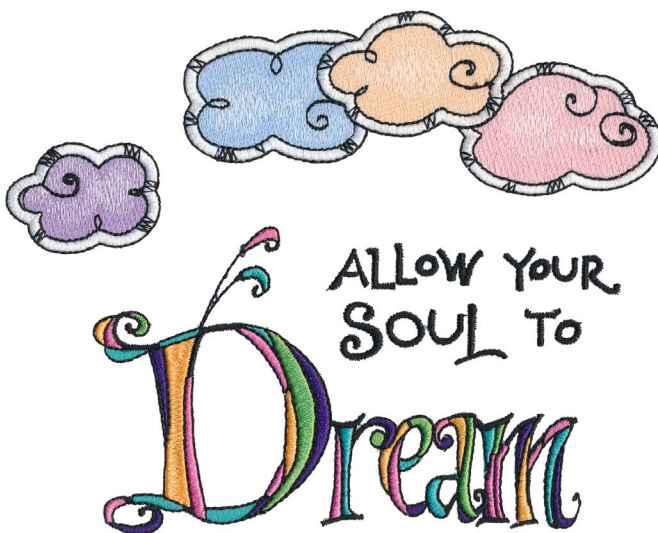
## 80201-07 Zenspirational Saying 6













Size Inches:                      Size mm:                      Stitch Count:  
 5.13 X 6.57 in.    130.30 X 166.88 mm    13,285 St.

	1. Water .....	4952
	2. Moon .....	0630
	3. Stars .....	0506
	4. Stars Shading .....	0904
	5. Words and Outlines .....	0020

## 80201-08 Zenspirational Saying 7

Size Inches:                      Size mm:                      Stitch Count:  
 5.07 X 6.34 in.    128.78 X 161.04 mm    25,980 St.



	1. Amethyst Cloud .....	3030
	2. Blue Cloud .....	3730
	3. Shrimp Pink Cloud .....	1060
	4. Iced Pink Cloud .....	2160
	5. White Cloud Detail .....	0015
	6. Cloud Outlines .....	0020
	7. Dark Ink Letters Detail .....	3110
	8. Pretty In Pink Letters Detail .....	2532
	9. Jade Letters Detail .....	4620
	10. Passion Fruit Letters Detail .....	1030
	11. Bright Mint Letters Detail .....	5610
	12. Words and Outlines .....	0020

Note: Some designs in this collection may have been created using unique special stitches and/or techniques. To preserve design integrity when rescaling or rotating designs in your software, always rescale or rotate designs using the handles directly on-screen.



## 80201-09 Zenspirational Saying 8

Size Inches: 5.40 X 5.48 in.      Size mm: 137.16 X 139.19 mm      Stitch Count: 13,929 St.

	1. Passion Fruit Detail .....	1030
	2. Spanish Gold Detail.....	0904
	3. Dolphin Blue Globe .....	3711
	4. Bright Mint Globe Detail .....	5610
	5. Plum Star Tail .....	2504
	6. Light Green Star Tail.....	6011
	7. Light Blue Detail .....	3730
	8. Buttercup Moon and Star .....	0630
	9. Outlines and Words.....	0020

## 80201-10 Zenspirational Saying 9

Size Inches: 5.01 X 6.42 in.      Size mm: 127.25 X 163.07 mm      Stitch Count: 26,855 St.



	1. Buttercup Stripe.....	0630
	2. Spanish Gold Stripe .....	0904
	3. Clay Stripe.....	1114
	4. Red Berry Stripe.....	1701
	5. Bright Mint Stripe.....	5610
	6. Jade Stripe .....	4620
	7. Dolphin Blue Stripe.....	3711
	8. Starlight Blue Stripe.....	3612
	9. White Word.....	0015
	10. Rainbow Word .....	9916
	11. Black Outline and Word.....	0020

Note: Some designs in this collection may have been created using unique special stitches and/or techniques. To preserve design integrity when rescaling or rotating designs in your software, always rescale or rotate designs using the handles directly on-screen.

## 80201-11 Zenspirational Saying 10

Size Inches:                      Size mm:                      Stitch Count:  
 5.41 X 5.37 in.    137.41 X 136.40 mm    11,600 St.



- 1. Yellow Letters ..... 0506
- 2. Spanish Gold Letters..... 0904
- 3. Red Berry Letters ..... 1701
- 4. White Letters ..... 0015
- 5. Black Letters and Outlines ..... 0020

## 80201-12 Zenspirational Saying 11

Size Inches:                      Size mm:                      Stitch Count:  
 5.38 X 5.46 in.    136.65 X 138.68 mm    36,183 St.




















- 1. Light Blue Detail ..... 3730
- 2. Dolphin Blue Letters and Detail.....3711
- 3. Starlight Blue Detail..... 3612
- 4. Dark Ink Detail.....3110
- 5. White Detail ..... 0015
- 6. Jade Detail ..... 4620
- 7. Black Detail ..... 0020

Note: Some designs in this collection may have been created using unique special stitches and/or techniques. To preserve design integrity when rescaling or rotating designs in your software, always rescale or rotate designs using the handles directly on-screen.

## 80201-13 Zenspirational Saying 12



Size Inches: 4.28 X 5.24 in.    Size mm: 108.71 X 133.10 mm    Stitch Count: 23,913 St.

	1. Yellow Detail .....	0506
	2. Spanish Gold Detail .....	0904
	3. Clay Detail .....	1114
	4. Passion Fruit Detail .....	1030
	5. Red Berry Detail .....	1701
	6. Azalea Pink Detail .....	2560
	7. Pretty In Pink Detail .....	2532
	8. Wild Iris Detail .....	2830
	9. Plum Detail .....	2504
	10. Light Blue Detail .....	3730
	11. Dolphin Blue Detail .....	3711
	12. Light Green Detail .....	6011
	13. Bright Mint Detail .....	5610
	14. Jade Detail .....	4620
	15. Dark Ink Detail .....	3110
	16. White Detail .....	0015
	17. Black Detail .....	0020

## 80201-14 Zenspirational Saying 13



Size Inches: 5.40 X 6.00 in.    Size mm: 137.16 X 152.40 mm    Stitch Count: 15,806 St.

	1. Yellow Wings .....	0506
	2. Dark Ink Detail .....	3110
	3. Spanish Gold Wings .....	0904
	4. White Detail .....	0015
	5. Black Words and Outlines .....	0020



Note: Some designs in this collection may have been created using unique special stitches and/or techniques. To preserve design integrity when rescaling or rotating designs in your software, always rescale or rotate designs using the handles directly on-screen.



## 80201-15 Zenspirational Saying 14

Size Inches:                      Size mm:                      Stitch Count:  
4.99 X 5.25 in.    126.75 X 133.35 mm    10,619 St.

- 1. Single Color Design.....3711

# MATERIALS



## Stabilizer

- Fusible Woven White
- Ultra Clean and Tear
- Medium Weight TearAway Black
- StitchH2O WashAway Topping

## Fabric/Notions

- OEESD Perfect Embroidery Press Cloth
- 505 Temporary Spray Adhesive
- Black bobbin thread
- White bobbin thread
- 10" x 14" Blue woven fabric
- Black fabric large enough for small hoop
- 8" x 10" art canvas
- Staple gun (heavy duty, preferably electric)
- E6000 or other glue suitable for fabric

## Isacord Thread Colors

0003 Ghost White	1701 Red Berry	3711 Dolphin Blue
0015 White	1906 Tulip	3730 Something Blue
0020 Black	2160 Iced Pink	4620 Jade
0506 Yellow Bird	2504 Plum	4952 Mystic Ocean
0630 Buttercup	2532 Pretty in Pink	5610 Bright Mint
0651 Cornsilk	2560 Azalea Pink	5832 Celery
0842 Toffee	2715 Pansy	6011 Tamarack
0904 Spanish Gold	2830 Wild Iris	9916 Rainbow Isacord
1030 Passion Fruit	3030 Amethyst	Variegated Thread
1060 Shrimp Pink	3110 Dark Ink	
1114 Clay	3612 Starlight Blue	

# INSTRUCTIONS



## STEP 1

- Fuse a piece of Fusible Woven to the back of the blue fabric to provide more permanent stability.



## STEP 2

- Hoop the blue fabric with 2 pieces of Ultra Clean and Tear stabilizer. Use 505 spray to spray baste each layer of stabilizer to the fabric.



## STEP 3

- Place StitchH2O on top of design area, tape in place if necessary. Stitch design #80201-01, changing colors as required. Remove completed design from hoop. Tear away excess stabilizer and topping. Hand wash the project to remove excess stabilizer and topping. Hang to dry.
- **Note:** Stabilizer fiber will remain under the stitched area to support the stitches.

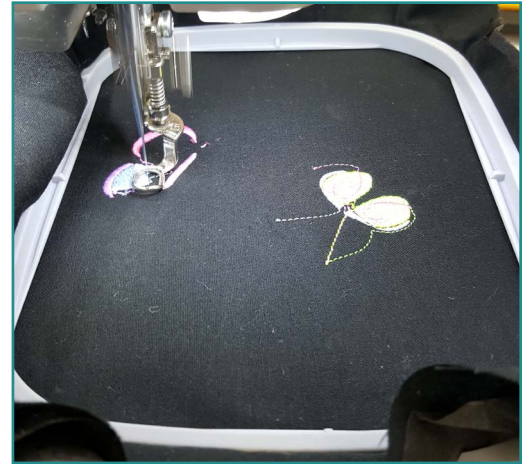


# INSTRUCTIONS



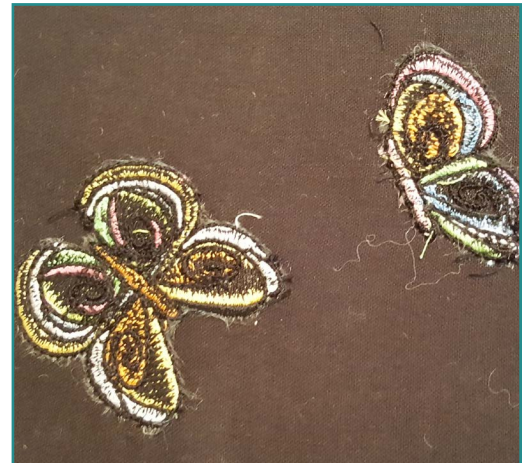
## STEP 4

- Hoop black fabric with two layers of Medium Weight TearAway using 505 Spray to adhere the layers together. Change the bobbin thread to black. Stitch the butterflies, changing thread colors as required.
- Note: If software is available, use software to isolate just the two butterflies. If editing software is not available, step through the design stitching only the butterfly colors. Or, stitch the entire design and discard the unused portion.



## STEP 5

- Remove the design from the hoop. Gently tear away the stabilizer one layer at a time. Place face down on a Perfect Press Cloth to make the designs pop!
- Cut as close to the edge as possible without cutting the stitches of the design.



## STEP 6

- Place dried blue fabric face down on the Perfect Press Cloth. Press to remove all wrinkles. Spray starch and steam may be used as needed.



# INSTRUCTIONS



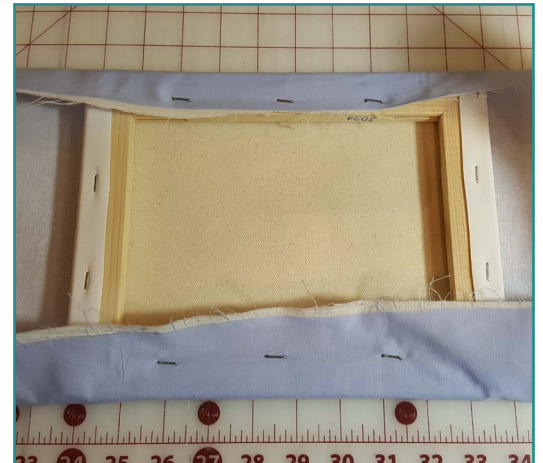
## STEP 7

- Spray canvas with 505 adhesive spray. Position blue fabric over canvas centering the design area. Smooth away wrinkles by hand.



## STEP 8

- Turn the canvas over to show the back side. Working on opposite sides, staple the fabric to the wood frame of the canvas. Check the front and pull to smooth any wrinkles. Staple other two sides. Fold in and trim bulk at the corners and staple in place.



## STEP 9

- Apply a small amount of glue to cover the body (not wings) of each butterfly. Fold the wings up from the body and position the stand-alone butterfly over the base one. The butterflies should only be attached along the body allowing the wings to be bent away, when completely dry.
- This layering technique creates a dimensional surprise to the wall hanging that perfectly complements the inspirational message!

