



#90017  
10 DESIGNS



# HEROES BY CYNTHIA FRENETTE

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# MATERIALS



## Isacord Thread Colors

0015 White	1346 Cinnamon	3963 Hint of Blue
0020 Black	1430 Melon	4133 Deep Ocean
0101 Eggshell	1521 Flamingo	4152 Serenity
0131 Smoke	1725 Terra Cotta	4174 Charcoal
0134 Smoky	1755 Hyacinth	4220 Island Green
0138 Heavy Storm	1761 Tea Rose	4240 Spearmint
0150 Mystik Gray	1776 Blackberry	4423 Marine Aqua
0221 Light Brass	1860 Shell	4430 Island Waters
0270 Buttercream	1876 Chocolate	4644 Mallard
0520 Daffodil	1972 Silvery Gray	5324 Bright Green
0546 Ginger	2152 Heather Pink	5326 Evergreen
0605 Daisy	2155 Pink Tulip	5422 Swiss Ivy
0660 Vanilla	2171 Blush	5610 Bright Mint
0703 Orange Peel	2220 Tropicana	5643 Green Dust
0781 Candlewick	2320 Raspberry	5833 Limabean
0822 Palomino	2363 Carnation	5933 Grasshopper
0904 Spanish Gold	3102 Provence	6011 Tamarack
0941 Golden Grain	3251 Haze	6043 Yellowgreen
1055 Bark	3274 Battleship Gray	6133 Caper
1332 Harvest	3363 Midnight Blue	
1335 Dark Rust	3901 Tropical Blue	

# DESIGNS

























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## 90017-01 Nurse Life

Size Inches:                      Size mm:                      Stitch Count:  
**6.40 X 4.58 in.    162.6 X 116.2 mm    31879 St.**



	1. Yellowgreen Foliage.....	6043
	2. Eartubes .....	0150
	3. Ear Pieces .....	1776
	4. Diaphragm.....	0150
	5. Tubing .....	4240
	6. Green Leaves .....	5422
	7. Pink Flower.....	2363
	8. Dark Pink Detail.....	2152
	9. Light Green Flowers.....	6011
	10. Light Blue Flowers.....	4240
	11. Light Pink Flower .....	2171
	12. Pink Detail and Berries.....	1755
	13. Turquoise Detail .....	4220
	14. Dark Yellowgreen Detail.....	6133
	15. Flower Centers.....	1776
	16. Berry Details.....	2171
	17. Green Flower Details .....	6043
	18. Dark Green Detail.....	5326
	19. Gold Detail .....	0822
	20. Bright Green Detail.....	5610
	21. Lettering.....	1776
	22. Hearts.....	1725

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## 90017-02 Healthcare Hero

Size Inches:                      Size mm:                      Stitch Count:  
**6.52 X 5.15 in.    165.5 X 130.9 mm    21599 St.**



- 1. Gold Lettering..... 0546
- 2. Black Lettering..... 0020
- 3. Stars and Gold Leaves..... 0546
- 4. Green Leaves ..... 6043
- 5. Flowers..... 4240
- 6. Heart..... 1332
- 7. Flower Detail .....4423
- 8. Green Leaf Detail .....5933
- 9. Flower Center..... 0020
- 10. Flower Center Detail..... 0822

# DESIGNS























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## 90017-03 Front-Line Hero

Size Inches:                      Size mm:                      Stitch Count:  
**6.41 X 5.38 in.    162.8 X 136.7 mm    43584 St.**



	1. Light Gray Detail.....	0150
	2. Gray Detail .....	3274
	3. Darker Gray Detail .....	0138
	4. Dark Gray Detail.....	0134
	5. Pink Detail.....	2220
	6. Dark Pink Detail.....	2320
	7. Charcoal Detail.....	4174
	8. Light Pink Detail .....	1860
	9. Mauve Detail.....	2152
	10. Yellow Flowers .....	0520
	11. Pale Yellow Flower .....	0660
	12. White Detail.....	0015
	13. Yellowgreen Detail .....	0221
	14. Bright Yellow Detail .....	0605
	15. Blue Lettering.....	4152
	16. Flower Centers and Ear Pieces .....	1776
	17. Earpiece Details .....	0134
	18. Earpiece Highlights .....	0015
	19. Orange Detail.....	0904
	20. Chest Piece.....	0150

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## 90017-04 Heart Stethoscope

Size Inches:                      Size mm:                      Stitch Count:  
**6.16 X 4.42 in.    156.6 X 112.2 mm    18132 St.**



■	1. Earpieces and Tubing Detail.....	1972
■	2. Earpieces and Tubing.....	1776
■	3. Bell.....	0150
■	4. Gray Detail.....	0131
■	5. Chestpiece Shading.....	1972
■	6. Green Leaves.....	6011
■	7. Dark Green Leaves.....	5833
■	8. Blue Leaves and Stems.....	4644
■	9. Gray Leaves.....	3251
■	10. Light Peach Flower.....	2171
■	11. Peach Flower Detail.....	1332
■	12. Pink Flower and Berries.....	2363
■	13. Pink Flower Detail.....	2152
■	14. Red Flower and Berry Detail.....	1332
■	15. Red Flower Detail.....	1725
■	16. Light Aqua Flower.....	4240
■	17. Aqua Detail.....	4423
■	18. Flower Centers.....	1776
■	19. Detail on Gray Leaves.....	1346
■	20. Flower Centers Detail.....	0822



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## 90017-05 Nurse

Size Inches:                      Size mm:                      Stitch Count:  
**5.63 X 5.31 in.    142.9 X 134.9 mm    34418 St.**



	1. Green Lettering.....	5324
	2. Green Leaves .....	5324
	3. Gold Foliage.....	0822
	4. Tan Leaves .....	0941
	5. Blue Leaves .....	3901
	6. Peach Petals.....	1860
	7. Dark Aqua Petals .....	4423
	8. Red Flower .....	1332
	9. Red Flower Detail .....	1725
	10. Flower Centers.....	1776
	11. Dark Blue Details .....	3102
	12. Pink Flowers and Berries.....	2363
	13. Lower Pink Flower Detail.....	2152
	14. Upper Pink Flower Detail .....	2320
	15. Peach Flowers.....	2171
	16. Large Peach Flower Detail .....	1332
	17. Aqua Flowers.....	4240
	18. Aqua Flower Detail .....	4423
	19. Flower Centers.....	1776
	20. Flower Center Details.....	0822
	21. Black Lettering.....	1776

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## 90017-06 Coffee, Scrubs & Rubber Gloves

Size Inches:                      Size mm:                      Stitch Count:  
**5.29 X 5.40 in.    134.3 X 137.2 mm    38194 St.**



<span style="display:inline-block; width:10px; height:10px; background-color:darkblue; border:1px solid black;"></span>	1. Dark Blue Lettering.....	4133
<span style="display:inline-block; width:10px; height:10px; background-color:darkgreen; border:1px solid black;"></span>	2. Dark Green Leaves.....	5933
<span style="display:inline-block; width:10px; height:10px; background-color:darkblue; border:1px solid black;"></span>	3. Dark Blue Leaves .....	4133
<span style="display:inline-block; width:10px; height:10px; background-color:darkteal; border:1px solid black;"></span>	4. Leaf Detail.....	4644
<span style="display:inline-block; width:10px; height:10px; background-color:yellowgreen; border:1px solid black;"></span>	5. Yellowgreen Foliage.....	6133
<span style="display:inline-block; width:10px; height:10px; background-color:darkgreen; border:1px solid black;"></span>	6. Green Leaf Detail .....	5933
<span style="display:inline-block; width:10px; height:10px; background-color:white; border:1px solid black;"></span>	7. Upper Daisies .....	0101
<span style="display:inline-block; width:10px; height:10px; background-color:pink; border:1px solid black;"></span>	8. Pink Flowers.....	2155
<span style="display:inline-block; width:10px; height:10px; background-color:orange; border:1px solid black;"></span>	9. Flower Detail .....	1430
<span style="display:inline-block; width:10px; height:10px; background-color:darkgreen; border:1px solid black;"></span>	10. Green Foliage.....	5643
<span style="display:inline-block; width:10px; height:10px; background-color:coral; border:1px solid black;"></span>	11. Coral Flowers and Detail.....	1521
<span style="display:inline-block; width:10px; height:10px; background-color:orange; border:1px solid black;"></span>	12. Orange Flower .....	1332
<span style="display:inline-block; width:10px; height:10px; background-color:red; border:1px solid black;"></span>	13. Red Detail .....	1335
<span style="display:inline-block; width:10px; height:10px; background-color:white; border:1px solid black;"></span>	14. Lower Daisies .....	0101
<span style="display:inline-block; width:10px; height:10px; background-color:pink; border:1px solid black;"></span>	15. Light Pink Detail .....	2363
<span style="display:inline-block; width:10px; height:10px; background-color:yellow; border:1px solid black;"></span>	16. Light Yellow Flowers.....	0270
<span style="display:inline-block; width:10px; height:10px; background-color:yellow; border:1px solid black;"></span>	17. Yellow Flowers .....	0520
<span style="display:inline-block; width:10px; height:10px; background-color:yellow; border:1px solid black;"></span>	18. Bright Yellow Flower Details .....	0703
<span style="display:inline-block; width:10px; height:10px; background-color:orange; border:1px solid black;"></span>	19. Dark Pink Detail.....	1430
<span style="display:inline-block; width:10px; height:10px; background-color:white; border:1px solid black;"></span>	20. Small White Flowers.....	0015
<span style="display:inline-block; width:10px; height:10px; background-color:yellow; border:1px solid black;"></span>	21. Bright Yellow Centers.....	0703
<span style="display:inline-block; width:10px; height:10px; background-color:darkbrown; border:1px solid black;"></span>	22. Black Centers.....	1776
<span style="display:inline-block; width:10px; height:10px; background-color:pink; border:1px solid black;"></span>	23. Pink Detail.....	2155
<span style="display:inline-block; width:10px; height:10px; background-color:white; border:1px solid black;"></span>	24. White Detail.....	0015
<span style="display:inline-block; width:10px; height:10px; background-color:orange; border:1px solid black;"></span>	25. Orange Detail .....	1332



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## 90017-07 EMT Fuel

Size Inches:                      Size mm:                      Stitch Count:  
**4.65 X 4.74 in.**    **118.1 X 120.5 mm**    **18131 St.**



■	1. Dark Brown Lettering.....	1876
■	2. Brown Lettering.....	1055
□	3. Cup.....	0015
■	4. Cup Shading .....	3963
■	5. Cup Wrap .....	1761
■	6. Green Leaf.....	5833
■	7. Flower and Lid Detail.....	4220
■	8. Flower Detail .....	4423
■	9. Brown Leaves and Stems.....	1055
■	10. Pink Flower.....	2363
■	11. Pink Flower Detail .....	2152
■	12. Flower Centers.....	0020
■	13. Stamens and Gold Leaf.....	0822
■	14. Dark Brown Detail .....	1876
■	15. Heart and Berries .....	1332
■	16. Steam.....	0781
■	17. Dark Brown Splash.....	1876
■	18. Brown Splashes .....	1055

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## 90017-08 I'm an EMT What's Your Superpower?

Size Inches:                      Size mm:                      Stitch Count:  
**4.64 X 3.91 in.    117.9 X 99.4 mm    19207 St.**



- 1. Banner .....0015
- 2. Light Blue Lettering .....4430
- 3. Orange Detail .....0904
- 4. Dark Blue Lettering.....3363
- 5. White Stars.....0015
- 6. Dark Blue Stars .....3363
- 7. Orange Stars.....0904

## 90017-09 I'm a Nurse What's Your Superpower?

Size Inches:                      Size mm:                      Stitch Count:  
**4.64 X 3.91 in.    117.9 X 99.4 mm    20018 St.**



- 1. Banner .....0015
- 2. Light Blue Lettering .....4430
- 3. Orange Detail .....0904
- 4. Dark Blue Lettering.....3363
- 5. White Stars.....0015
- 6. Dark Blue Stars .....3363
- 7. Orange Stars.....0904

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## 90017-10 I'm a Doctor What's Your Superpower?

Size Inches:                      Size mm:                      Stitch Count:  
**4.64 X 3.91 in.    117.9 X 99.4 mm    19548 St.**



- 1. Banner .....0015
- 2. Light Blue Lettering .....4430
- 3. Orange Detail ..... 0904
- 4. Dark Blue Lettering.....3363
- 5. White Stars.....0015
- 6. Dark Blue Stars .....3363
- 7. Orange Stars..... 0904